



**1st IWF QUALIFIER
LOS ANGELES 2028 OLYMPIC GAMES
COMPETITION REGULATIONS**



INVITATION

**Dear Presidents and General Secretaries
of IWF Member Federations,**

On behalf of the Qatar Weightlifting Federation, You are kindly invited to participate in the 1st IWF Qualifier for the Los Angeles 2028 Olympic Games, which will take place in Doha, Qatar, from 07 to 16 December 2026.

This competition will represent the second Olympic Qualification Event for the Los Angeles 2028 Olympic Games, bringing together elite weightlifters from around the world in a highly competitive international sporting environment.

The Host City – Doha, successfully organised the 2005 IWF Centennial World Weightlifting Championships and numerous Olympic qualification events, including but not limited to the qualification event for the Paris 2024 Olympic Games held in 2023. Our ambition is to provide all participants with a spectacular and memorable experience, alongside spectators and volunteers who will be ready to welcome the world to Doha. We trust that your stay in Qatar will be both pleasant and memorable, and that you will experience the warm hospitality for which our country is renowned.

Qatar has a long and successful experience in hosting and organizing major international sporting events. Our world-class sports facilities, modern infrastructure, professional organizational expertise, and commitment to excellence provide an ideal environment for athletes, officials, coaches, and international delegations.

We sincerely hope that your Team will join us for this important Olympic qualification event and share with us an unforgettable sporting experience filled with competition, friendship, and international cooperation.

It is our great pleasure to welcome you to the State of Qatar.

With our highest regards and warmest wishes,

**Mohamed Yousef Al-Mana
President
Qatar Weightlifting Federation**

**Jassim Ibrahim Al Mansouri
General Secretary
Qatar Weightlifting Federation**



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SUMMARY OF DEADLINES

DEADLINES	ACTIONS TO BE UNDERTAKEN BY THE MEMBER FEDERATIONS
07 September 2026	Athletes' Whereabouts information to be submitted (Q3 2026)
14 September 2026	Preliminary entries of athletes to be uploaded to the IWF E-Entry System
30 September 2026	Athletes' Whereabouts information to be submitted (Q4 2026)
07 November 2026	Final entries of athletes and coaches to be confirmed in the IWF E-Entry System
	Submission of accommodation & transportation details
	Submission of passport copy(ies) and accreditation photo(s)
	Declaration of "No-Show" (otherwise the applicable charges will apply)
	Accommodation & entry fees to be transferred to the LOC's bank account
	Application of media representatives
23 November 2026 (12:00 / Noon CET)	Verification of final entries to be completed in the IWF E-Entry System



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1. DATES & PLACE

07-16 December 2026, Doha, Qatar

2. COMPETITION AND TRAINING VENUE

Competition Venue

Ezdan Palace Hotel

Training Venue

Ezdan Hotel West Bay

3. ACCOMMODATION

Accommodation will be at the following hotels:

- **Ezdan Hotel West Bay**
- **Ezdan Palace Hotel** / Designated for the IWF Officials/Delegates

A minimum stay of 4 (four) nights is required for all participants.

NOTE: Check-in: 14.00 / Check-out: 12.00

4. FINANCIAL CONDITIONS

ACCOMMODATION FEE (with full board)

Single room USD 180 / person / night

Double room USD 160 / person / night

Hotel accommodations will be assigned on a **first-come, first-served basis**, with **limited** availability of **single rooms**.

ENTRY FEE

Athletes: USD 300 / athlete (incl. USD 100 IWF Special AD Fee)

Delegates & Team Officials: USD 200 / person

PAYMENT

Check-in: All participants should pay the relevant fees by bank transfer to the Local Organizing Committee (LOC).

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions shall be paid by the Member Federation.



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No accommodations or accreditations will be offered to any delegation member until funds have been received in full by the LOC.

No accommodation is guaranteed until full payment is received.

Hotel "No-Show" charges: If one or more members of a delegation do not arrive on the date specified in the Accommodation & Transportation details submitted through the IWF E-Entry System, and the LOC has not been informed of the change before **07 November 2026**, the delegation shall be required to pay a "No-Show" charge for each absent person to the LOC. The charge shall be equal to the applicable Accommodation Fee per person/day.

If one or more participants arrive one or more days later than the arrival date indicated in the Accommodation & Transportation details submitted through the IWF E-Entry System, the delegation shall remain liable for the Accommodation Fees for the entire period originally requested.

Until **07 November 2026**, Member Federations may update their Accommodation & Transportation details through the IWF E-Entry System. Should additional hotel rooms be required, the LOC will make every effort to accommodate the additional delegation members in the same hotel; however, this cannot be guaranteed.

Cancellations will not be accepted after **07 November 2026**, and no refunds will be given.

BANK TRANSFER PAYMENTS

Important rules for Bank transactions:

100% of the total payment (accommodation & entry fees) must be transferred to the LOC Bank Account by 07 November 2026.

Member Federations unable to make wire transfers are required to submit a request to the IWF President and the IWF General Secretary to be allowed to pay in cash upon arrival.

Please contact your bank and keep in mind that the transfer will only be considered received once it has been duly credited to the LOC's bank account by the deadline.

We kindly ask that you send the bank statement confirming the bank transfer you made to the LOC's bank account to doha2026@iwf.sport.



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Bank Account Name: QATAR WEIGHTLIFTING FEDERATION
Bank Account Address: QATAR-DOHA (QATAR OLYMPIC COMMITTEE)
IBAN Number: QA19 MAFR 0000 0000 0012 1019 7600 1
Name of the Bank: AL RAYAN BANK
SWIFT Code: MAFRQAQAXXX

For your security, always refer to the bank details provided in this document.

5. PRE-COMPETITION PROCEDURES / ATHLETES' REGISTRATION

Athletes must be registered via the **IWF Online Entry System**:

<https://mf.iwf.sport>

If you have any questions or difficulties, please contact IWF at competition@iwf.sport

PARTICIPATION

For "IWF Qualifier" events only, there is no limitation on the number of participating athletes per Member Federation.

Each Member Federation may register and participate with an **unlimited number of athletes**, both Men and Women. There is also no limitation on the number of athletes from the same Member Federation who may participate in the same bodyweight category.

These provisions apply throughout all stages of the entry process, including the Preliminary Entry, Final Entry and Verification of Final Entries.

PRELIMINARY ENTRIES

Preliminary entries must be submitted via the IWF Online Entry System no later than **14 September 2026**.

There is **no limitation on the number of athletes** who may be included in the Preliminary Entry.

AFTER 14 SEPTEMBER 2026, NO ADDITIONAL ATHLETES MAY BE ADDED TO THE PRELIMINARY ENTRY LIST.

FINAL ENTRIES

The FINAL ENTRY must be confirmed via the IWF Online Entry System no later than **07 November 2026**.

Athletes included in the Final Entry must be selected exclusively from the Preliminary Entry List submitted by the respective deadline.



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There is **no limitation on the number of athletes** who may be included in the Final Entry, either per gender or per bodyweight category.

VERIFICATION OF FINAL ENTRIES

The Verification of Final Entries must be completed no later than:

23 November 2026 at 12:00 / Noon CET

There is **no limitation on the number of athletes** who may be confirmed at the Verification of Final Entries, either per gender or per bodyweight category.

NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF FEES.

INTERNATIONAL COACH LICENCE

All coaches from participating Member Federations must be registered in the IWF International Coach Licence (ICL) database.

All coaches must be included in the Final Entry Form.

If a coach is not registered in the ICL database, the IWF will notify the relevant Member Federation and require that the coach be registered without delay or removed from the Final Entry Form.

If you have any questions about the ICL database registration, contact us at coachinglicence@iwf.sport.

ACCREDITATION

Accreditation shall be completed through the **IWF E-Entry System**.

By the **Final Entry deadline (07 November 2026)**, each Member Federation must complete the accreditation details for all members of its delegation (athletes and officials) in the IWF E-Entry System, including:

- **Accommodation & Transportation details;**
- **Uploading a valid passport copy; and**
- **Uploading a recent colour passport-style photograph.**

Member Federations are responsible for ensuring that all required information and documents are submitted before the deadline.

Please note that accreditation cards will be issued only after all required information has been submitted through the IWF E-Entry System and all applicable Accommodation and Entry Fees have been paid in full. Accreditation will be valid only for the dates indicated on the accreditation card.



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MEDIA

All international media representatives must be approved in advance by the IWF.

Applications for international media accreditation must be submitted to Mr. Pedro Adrega, IWF Communications Manager, at pedro.adrega@iwf.sport no later than **07 November 2026**.

Applications from media representatives of Qatar are subject to approval by the Doha 2026 LOC at doha2026@iwf.sport.

6. VISA

To obtain an entry visa to Qatar, most countries can obtain an entry visa upon arrival at Hamada International Airport (DOH).

For visa processing, some countries may require specific processes or documentation, so it is important to check the details for each country at the following link:

- <https://visitqatar.com/intl-en/plan-your-trip/visas>

In case any delegation needs an entry visa to Qatar, please contact the LOC at doha2026@iwf.sport or gwlbb@olympic.qa

7. ACCREDITATION

Accreditation will take place at the official accreditation centre located at **Ezdan Hotel West Bay**.

8. TRANSPORTATION

The LOC will offer a round-trip shuttle bus service between Hamada International Airport (DOH) and the official accommodations for all participants.

The Accommodation & Transportation details must be submitted by **07 November 2026** through the **IWF E-Entry System**.

- Each Member Federation must provide the airline, flight number, and the exact arrival and departure date and time for each delegate in the IWF E-Entry System.
- Any changes to the travel schedule must be communicated well in advance. Otherwise, the LOC cannot guarantee that the revised requests can be accommodated.



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- Local shuttle bus services will be provided for all participants between the official accommodation, the competition/training venue, meeting venues, and other official event locations.

9. COMPETITION REGULATIONS

The 1st IWF Qualifier for the Los Angeles 2028 Olympic Games will follow the IWF Technical and Competition Rules & Regulations ([IWF TCRR](#)), with the above-mentioned exception on entry participation per Member Federation.

10. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), & IWF Policies;
- Abide by all reasonable directions given by the IWF, the LOC, TOs;
- Should accept any prize or award given by IWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF / LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF and/or LOC shall have no responsibility for any loss or damage of this property;
- Should irrevocably release IWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.
- The Participants may be filmed, photographed, identified and/or otherwise recorded during the Event. The resulting filmed, photographed or recorded image (together with the Participant's name, likeness, voice and performance) may be used and/or distributed in any format (including by reproducing, distributing, communicating to the public and making it available), in any content and through any media, format, without compensation (financial or otherwise).



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- The Participants may take or record still and moving images and/or sounds within the perimeter of all the Venues for his/her personal, private, non-commercial and non-promotional use. The use of video footage (moving images) of the competition is subject to the acquisition of media rights. Therefore, the publication (live or delayed) of video footage of the event is strictly prohibited if those rights are not acquired before the competition.

11. ELIGIBILITY

Participating athletes must be 15 years of age and over (year of birth 2011 or earlier).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules, whereabouts information of the athletes shall be submitted at a minimum of three (3) months prior to the event (**Q3 / by 07 September 2026 & Q4 / by 30 September 2026**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at iwf@ita.sport.

12. EVENT CATEGORIES

MEN (8):	60kg, 65kg, 70kg, 75kg, 85kg, 95kg, 110kg, +110kg
WOMEN (8):	49kg, 53kg, 57kg, 61kg, 69kg, 77kg, 86kg, +86kg

13. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, based on the IWF Team Classification.

14. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

15. SPORT EQUIPMENT

IWF Official Barbell Supplier ELEIKO sport equipment will be used during the competition and training.



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16. TRAINING CAMP

All participating teams will have the opportunity to join a pre-camp training camp. Should you be interested, please contact the Qatar Weightlifting Federation at qwlbb@olympic.qa for further information.

17. INSURANCE

In accordance with IWF regulations, all participants must be insured by their respective Federations for travel, accidents, injuries, illnesses, and medical expenses prior to departing from their hometown.

18. TEMPERATURE & ELECTRICITY INFORMATION

- The average Doha temperature during the event will be approximately between **17 and 26 degrees Celsius**.
- Electricity in Qatar uses **Type G plug sockets**, with three rectangular prongs.
- Qatar operates on a **240V supply voltage and 50Hz**

Contact details:

Qatar Weightlifting Federation / Local Organizing Committee

West Bay 4th Floor Al Bidda Tower

POX 2473

Phone: +974 4494 3135

E-Mail: doha2026@iwf.sport & qwlbb@olympic.qa

International Weightlifting Federation

Maison du Sport International, Av. de Rhodanie 54, Switzerland -1007, Lausanne

Phone: +41 21 601 3227

E-Mail: iwf@iwf.sport & competition@iwf.sport



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PRELIMINARY TIMETABLE

23 NOVEMBER / Monday	12:00 CET	Verification of Final Entries ONLINE		
4 DECEMBER / Friday	OPENING OF TRAINING VENUE			
6 DECEMBER / Sunday	TBC	Technical Officials' Meeting		
7 DECEMBER / Monday	09:00	Women	53	C
	11:30	Men	60	B
	14:00	Women	49	B
	16:30	Men	60	A
	19:00	Women	49	A
8 DECEMBER / Tuesday	09:00	Men	65	C
	11:30	Women	53	B
	14:00	Men	65	B
	16:30	Women	53	A
	19:00	Men	65	A
9 DECEMBER / Wednesday	09:00	Men	75	D
	11:30	Men	70	B
	14:00	Women	57	B
	16:30	Men	70	A
	19:00	Women	57	A
10 DECEMBER / Thursday	09:00	Women	61	D
	11:30	Men	75	C
	14:00	Women	61	C
	16:30	Men	75	B
	19:00	Men	75	A
11 DECEMBER / Friday	09:00	Men	85	D
	11:30	Men	85	C
	14:00	Men	85	B
	16:30	Women	61	B
	19:00	Women	61	A



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12 DECEMBER / Saturday	09:00	Women	69	D
	11:30	Women	69	C
	14:00	Women	69	B
	16:30	Women	69	A
	19:00	Men	85	A
13 DECEMBER / Sunday	09:00	Men	95	D
	11:30	Women	77	D
	14:00	Women	77	C
	16:30	Women	77	B
	19:00	Women	77	A
14 DECEMBER / Monday	09:00	Men	95	C
	11:30	Women	86	C
	14:00	Men	95	B
	16:30	Women	86	B
	19:00	Men	95	A
15 DECEMBER / Tuesday	09:00	Men	110	C
	11:30	Women	86+	C
	14:00	Men	110	B
	16:30	Men	110	A
	19:00	Women	86	A
16 DECEMBER / Wednesday	09:00	Men	110+	C
	11:30	Women	86+	B
	14:00	Men	110+	B
	16:30	Women	86+	A
	19:00	Men	110+	A
	CLOSING CEREMONY			

The competition schedule is subject to change after the final entry deadline & after the verification of final entries.