



2024 Seocheon
EAWF East Asian Weightlifting
Championships

EAWF East Asian Weightlifting Championships

September 3-8, 2024 | Seocheon County People's Gymnasium



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East Asian Weightlifting Championships Seocheon 2024

welcome

Dear President - General Secretary of East Asian Weightlifting Federation Member Countries and Athletes & Officials!

It is with great pleasure and honor that we sincerely invite you to participate in the 2024 East Asian Weightlifting Championships in Seocheon, Korea on 3-8 September 2024.

It's a very meaningful event that we are honored to host the 1st inaugural East Asian Weightlifting Championships in Seocheon, Korea with wonderful scenery & foods located in the south-western region of Korean Peninsula.

It will be also held combined with the 2024 International Weightlifting Tournament between China, Japan and Korea.

We've made all necessary preparations to ensure that this event will be successfully organized together with our East Asian weightlifting families with good facilities and experiences in an attractive city of clean nature and various surroundings.

Seocheon County, as host city of the Championships is an attractive region with co-existence of history & nature.

There are fine ramie weaving as intangible culture heritage and Seocheon mud flat of ecosystem repository as natural property. Also from Janghang Sky Walk, we can look down big mud flat at a glance. In September, there are beautiful sightseeing places with magnificent pine forest park & reed bed.

We look forward to eagerly your participation to this historical event with warmest welcome.

Sincerely,

CHOI Sung-Yong

President
East Asian Weightlifting Federation,
Korea Weightlifting Federation

KIM Ki Woong

Honorary President
Seocheon Organizing Committee

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REGULATIONS

East Asian Weightlifting Championships Seocheon 2024

1. Dates & Place

3-8 September 2024, Seocheon, Korea

2. Competition & Training Venue

Seocheon Gymnasium

(26-6, Seonghwa-ro, Janghang-eup, Chungcheongnam-do, Korea)

3. Accommodation

- Seocheon Youth Hostel

(72-40, Janghangsandan-ro 34beon-gil, Janghang-eup, Seocheon-gun, Chungcheongnam-do, Korea)

- Hue Resort & Pension

(61, Janghangsandan-ro 34beon-gil, Janghang-eup, Seocheon-gun, Chungcheongnam-do, Korea)

The Organizing Committee may designate and coordinate other hotels according to the participating circumstances of delegation.

4. Financial Conditions-Accommodation & Fees

- Single Room: 120 USD per person per day with three meals
- Double Room: 90 USD per person per day with three meals
- Entry Fee: 120 USD per person
- Anti-doping Fee: 100 USD per one athlete

All accommodation charges & fees shall be paid to the Organizing Committee by bank transfer (over 50%) and upon arrival of each delegation to Hotel in Seocheon.

A minimum of 50% of the total payment must be transferred by



3 August 2024 to the bank account of Organizing Committee.
Immediately after bank transfer, please send us the Bank Remittance Certificate to our e-mail.

Below Bank Information of the Organizing Committee for your bank transfer.

* Bank Name: NONGHYUP BANK-Seocheongun County Office
(Address: 74, Seocheon-ro, Seocheon-eup, Seocheon-gun, Chungcheongnam-do, Korea)

* Account No: 452-0029-1673-11

* Swift Code: NACFKRSEXXX

* Beneficiary: Seocheon County Spors Council

5. Entries & Forms

● Preliminary Entry

Member Federation must submit the Preliminary List of a maximum number of twenty(20) men & twenty(20) women athletes by no later than 3 July 2024.

For Verification of Final Entry, only 10 male and 10 female athletes will be accepted, with a maximum of 2 athletes per bodyweight categories").

● Final Entry

Member Federation must submit the Final Entry of a maximum number of twelve(12) men & twelve(12) women athletes by no later than 3 August 2024 (Selected from the Preliminary Entries submitted by 3 July 2024).

● The following forms & documents must be returned before below deadlines.

*Accommodation-transportation Form by 3 August 2024

*Visa Form by 3 August 2024

*Copies of all Passports & Photos by 3 July 2024



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6. Visas

All participants must obtain the visa to enter Korea at Korean Embassy of respective countries with passports and necessary documents except for visa exemption countries.

We'll duly arrange the visa issuance by contacting our Embassy in your country together visa supporting letter.

7. Accreditation

The Accreditation will take place at hotel upon arrival.

8. National Flag & Anthem

Each Member Federation should bring two(2) national flags sized 100X150cm and national anthems on USB drive.

9. Transportation

The Organizing Committee will provide the transportation from the Airports to the Hotels, and the participants must inform us of an accurate arrival & departure schedule by Transportation Form.

There are two Airports such as Incheon International Airport (two & half an hours' distance by car) and Cheongju Airport (one & half an hour).

10. Competition Regulation

The 2024 East Asian Weightlifting Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).

11. Terms and Conditions of Participation

Only national federations/associations affiliated in the IWF/AWF are eligible to participate in the event. Accredited Participants - athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti- Doping Rules (ADR);
- Abide by all reasonable directions given by the IWF/AWF, LOC, TOs;
- Should accept any prize or award given by IWF/AWF and /or LOC/sponsors, and will attend all special award ceremonies where prizes or awards are presented;



- Should attend Press Conference upon request of IWF/AWF/LOC;
- Should not participate in, support, or promote illegal betting;
- Should not participate in support, or promote illegal betting.
- Should be responsible for all property they bring into the Event - the IWF/AWF and/ or LOC shall have no responsibility in any loss or damage of this property;
- Should irrevocable release IWF/AWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF/AWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations/Associations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

12. Eligibility

Participating athletes must be 15 years of age and over (year of birth 2009 or earlier).

The athletes listed on IRTP must update/submit whereabouts according to IWF Anti-Doping Rules. Any other athletes registered on any testing pool other than IWF'S IRTP must follow relevant ADO rules. All the other athletes other than registered on IRTP or any other testing pool are encouraged to register whereabouts as much as possible.

13. Bodyweight Categories

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

14. Awards

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.



MVP Trophies will be awarded to the Best Lifter in the Men's and Women's events.

There will be separated awards in total for the 2024 International Weightlifting Tournament

15. Doping Control

Doping Control will be carried out in accordance with the IWF Anti-Doping Rules.

16. Technical Officials

Each member Federation should nominate two technical officials (ideally one male and one female) from IWF licensed Technical Officials.

17. Barbells

IWF approved barbells will be used during the competition and training.

18. Insurance

According to IWF Regulations, all participants must be under coverage for travel and accident/injury insurance by their respective Federations/Associations before their departure from their country.

19. Temperature & Electricity

The average temperature during the Championships will be approximately between 20 and 25 degrees on Celsius in Seocheon, Korea.

Electricity in Korea is 220 Vol-60 Hz.

20. 2024 Internattional Weightlifting Tournament (China, Japan & Korea)

The Organizing Committee will invite 8 officials (including 2 technical officials) and 20 athletes (10 men's and 10 women's lifters) with free accommodation and meals during the official period of event.

Entry fees are required for those officials and athletes who will compete both in 2024 East Asian Championships and 2024 International Weightlifting Tournament, and athletes must also pay Anti-Doping Fee.



21. Contacts

East Asian Weightlifting Federation

Korea Weightlifting Federation

Seocheon Organizing Committee

Tel: (President) 82-10-6229-6463

(Gen. Sec.) 86-135-2221-3186

E-mail: (President)

eastwf@naver.com

(Gen.Sec.: Ms. MENG Bo-China)

35569181@qq.com

Tel: +Tel/Fax: 82-2-422-5209 / 419-2974

Address: Room 324, Olympic Center

-New Bldg.,424,Olympic-ro,Songpa-gu,

Seoul, Korea

E-mail: kor-weightlifting@naver.com



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Preliminary Time Table

2nd September(MON)		Arrival of Delegation
3rd September (TUE)	10:00	Final Entries Verification
	14:00	EAWF Congress & Technical Officials' Meeting
	17:00	Opening Ceremony
	19:00	Welcome Bangquet
4th September (WED)	14:30	Competition -Women 45,49, 55, 59 Kg Cat.
	16:30	-Men 55, 61, 67 Kg Cat.
5th September (THU)	14:30	Competition -Women 64, 71 Kg Cat.
	16:30	-Men 73, 81 Kg Cat.
6th September (FRI)	14:30	Competition -Women 76, 81 Kg Cat.
	16:30	-Men 89, 96 Kg Cat.
7th September (SAT)	14:30	Competition -Women 87, +87 Kg Cat.
	16:30	-Men 102, 109, +109 Kg Cat.
	19:00	Closing Banquet-Team Awarding Ceremony
8th September (MON)		Departure of Delegation



youth hostels



Address	72-40 Janghangsandan-ro 34beon-gil, Janghang-eup, Seocheon-gun, Chungcheongnam-do, Republic of Korea
check-in	15:00
check-out	11:00
Room information	Single_Room Double Room
Amenities	TV, Hairdryer, Boiler, Air conditioner, Set of bath towels
On-site Facilities	Meeing Room Sports facilities danchesigdang restaurant Cafe Free Wi-fi